



HOPE LIVES HERE

The Donor Newsletter of Chase Brexton Health Care



Chase Brexton Columbia Center Diabetes Walk Team

Chase Brexton's Diabetes Management Program

Empowering and Supporting Patients to Reach their Goals

Did you know one in 10 people in the United States have diabetes and one in three are prediabetic? However, diabetes can be managed or even prevented with exercise, proper nutrition, medications, and the right support. Many Chase Brexton patients struggle to cope with uncontrolled diabetes and need help in managing the condition.

In 2021, the Diabetes Management Program at Chase Brexton Health Care (CBHC) was developed to provide patients living with diabetes personalized, high quality healthcare, self-care strategies, and disease management skills necessary to improve their health and quality of life using the tools and support gained from the interdisciplinary Diabetes Management care team.

Patients in the program regularly meet with their care team, that includes primary care providers, registered dietitians,

clinical pharmacy specialists, and pharmacy technicians, with each offering their expertise to create a catered management plan for each patient.

Dr. Briana Murray, a Clinical Pharmacy Specialist working at Chase Brexton's Mt. Vernon Center, says, "Our program empowers patients by providing them with the knowledge, tools, and support they need to take control of their diabetes and work towards their health goals.

We also help patients develop self-management skills, make informed decisions, and track their progress in the program. The emphasis is on collaborative goal-setting and ongoing guidance, enabling patients to lead healthier lives and achieve better diabetes control."

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To learn more about Diabetes and the Diabetes Management Program at Chase Brexton Health Care, visit: chasebrexton.org/diabetes



SAVE THE DATE!

#GivingTuesday

Tuesday, November 28, 2023
Celebrate the day of giving by making a gift to Chase Brexton at chasebrexton.org/give.

A Gala for the New Roaring '20s

Saturday, March 30, 2024 @ the Baltimore Museum of Art
Join us for an evening of culinary delights, live music, and razzmatazz. For sponsorships and tickets: events.chasebrexton.org/Gala2024

National Honor Our LGBT Elders Day

Thursday, May 16, 2024 @ the Baltimore Symphony Orchestra
A national event celebrating and honoring LGBT older adults. Learn more at lgbtelldersday.com.

National Health Center Week

Sunday, 8/4 – Saturday, 8/10, 2024
Celebrate National Health Center Week by learning about our history at chasebrexton.org/more-story

Baltimore Running Festival

Saturday, October 12, 2024 @ Baltimore's Inner Harbor
Contact Lauren McGee at lmcgee@chasebrexton.org for details.

Visit ChaseBrexton.org/Calendar for a complete calendar of events.

President & CEO's Update

A healthy community benefits every person in it. Chase Brexton is a force in building healthy communities that we serve. As one of over 1,800 community health center organizations across the nation, Chase Brexton celebrated National Health Center Week in August. This year's theme promoted that mission: *The Roadmap to a Stronger America*. Like this theme, Chase Brexton's Development Team completed the Hope Lives Here Tour to strengthen the outreach of Chase Brexton in our communities. The effort showed just how much our communities rely on the work we do.

Hosting or participating in events near each of our five Centers, the Hope Lives Here Tour brought valuable information about wellness, diabetes prevention, nutrition, LGBTQ health equity, mental health habits, and more to thousands of community residents. Our staff from across all of our Centers committed their time, effort, and expertise to reach out and connect with our communities through the Tour. And in encouraging the communities we serve to be active and healthy, a team of staff and supporters participated in the Baltimore Running Festival to also raise money for Chase Brexton programming.

Dedicated staff are truly the most valuable asset of Chase Brexton Health Care. Recently, in celebrating the anniversaries of several of our staff members, I was reminded of the incredible number of mission-driven staff who have been with Chase Brexton for 10 or more years. It says an immense amount about the value of our mission and the dedication of the people who have contributed so much to make Chase Brexton Health Care a critical and valued health care provider.

Years on CBHC Staff	Number of Employees
10 – 14.....	29
15 – 19	11
20+	5

As we continue along the road to building healthier communities, I want to thank you for recognizing that access to safe, expert healthcare changes lives and strengthens our communities. The effects of health equity are immeasurable. Your dedication, compassion, and continued support of Chase Brexton as a partner, supporter, and friend are priceless. We are grateful to you for continuing to share in our very special mission and being a part of our great community of care.

Yours in good health,

Patrick F. Mutch

Patrick F. Mutch
President & CEO

Pictured right, the LEAPIN' LLAMACORNS showed Baltimore how it's done at the 2023 Baltimore Running Festival! The 29-person team ran a total of 201.22 miles and raised more than \$3,000 for Chase Brexton!



Chase Brexton's Diabetes Management Program

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One such patient reaching his diabetes goals is Melvin H., a 45-year-old patient receiving care at Chase Brexton's Mt. Vernon Center.

After a dangerous A1C reading, Melvin became nervous about complications and wanted to find a way to improve this number. He was referred to the Diabetes Management Program and was connected with Dr. Murray. After just a few weeks, Melvin began seeing positive results in both his A1C and his weight loss.



Diabetes Management
Program patient, Melvin H.

"The program is very straight forward. We focus on the targets and goals, and I'm happy to say I've been hitting all my targets! I appreciate the ability to scan my arm with the phone for readings."

— Melvin

When asked if he would recommend the program to others, Melvin enthusiastically said, "I would recommend it to anybody! If you're having problems, join the Program. Chase Brexton should have a whole floor of Diabetes doctors, it's so helpful. It needs to be at all Chase Brexton [Centers]." The success of the Diabetes Program for people like Melvin has allowed us to do just that: expand across CBHC.

"Our initial program started at Columbia Center," said Mahro Ershadi, Chase Brexton's Chief Pharmacy and Strategy Officer. "We have expanded our program to Mount Vernon and Glen Burnie this year thanks to a \$1.16 million seed grant from Quest Diagnostics, and plan to expand to Randallstown (Security Square) in January 2024." The impact of this program in just a short amount of time is life changing. The program currently boasts over 500 patients. Expanding the program using best practices and metrics will allow it to flourish well into the future.



RITZ & RAZZMATAZZ
Hosted by Chase Brexton Health Care

2024 Gala: The NEW Roaring '20s!
Saturday, March 30, 2024

Join us for Chase Brexton's premiere event at the Baltimore Museum of Art for an evening of culinary delights, live music, spectacular spectacles, ritz, & razzmatazz! Register at events.chasebrexton.org/Gala2024

Updates from The Chase Society

The Chase Society recognizes individuals and family foundations who have donated \$5,000 or more over their lifetime, and corporations which have donated \$100,000 or more.

NEW MEMBERS

Welcome to the new members of The Chase Society!

Becky Frank
Daniel McEvily
David McKibbin
Raymona Smith
Lauren Vaszil

SAPPHIRE LEVEL

Welcome to the Sapphire Level
(\$10,000-\$49,999 in a lifetime)
William Charmak, MD

CORPORATE RECOGNITION PROGRAM

Welcomes
Middendorf Foundation

SILVER LEVEL

Welcome to the Silver Level
(\$250,000-\$999,999 over lifetime)
France-Merrick Foundation, Inc.

GOLD LEVEL

Welcome to the Gold Level
(\$1,000,000+ over lifetime)
Quest Diagnostics

Join The Chase Society

Want to support our mission and join the giving individuals, foundations, and corporations who are part of The Chase Society? Visit ChaseBrexton.org/Give to make your donation today.





Hope Lives Here Tour

New for 2023: The Hope Lives Here Tour!

Throughout 2023 we've made 'stops' around Maryland, spreading awareness of our services and fundraising for our mobile medical van program. Check out where we've been this year!



Lauren McGee (left) and Raven Coleman (right) distributing food at Greenfest

April 15 – Stop 1: Howard County

In partnership with Howard County's Greenfest "Sharing healthy meal ideas, handing out fresh produce and healthy snacks, while representing Chase Brexton at Howard County's Greenfest was such a special way to celebrate Earth Day! We had the opportunity to meet and chat with so many people about our expanding Diabetes program and other services we offer. One of my favorite things about my job is that I get the opportunity to meet and share our mission with so many!" – Lauren McGee, Development and Special Events Manager (CBHC)



Patrick Mutch, President and CEO, CBHC (left) and Kathy McCollum, President and CEO, UM BWMC (right)

May 6 – Stop 2: Anne Arundel County

In partnership with University of Maryland Baltimore Washington Medical Center (BWMC), **Community Wellness Day – largest turnout in event's history!**

"I was thrilled to see so many residents of Glen Burnie and surrounding communities enjoying themselves and getting essential health screenings and information at the Community Wellness Day. We partnered with the UM Baltimore Washington Medical Center in coordinating the Wellness Day and by working together, we ensure that the health care needs of all patients are met because everybody's health matters." – Patrick Mutch, President and CEO (CBHC)

THANK YOU TO OUR DONORS, STAFF, AND ATTENDEES WHO MADE THIS YEAR'S HOPE LIVES HERE TOUR SO SPECIAL!



May 16 – Stop 3: Baltimore City

In partnership with The Center for LGBTQ Health Equity, National Honor Our LGBT Elders Day- started right here at CBHC!

"Our hearts were so full being there. None of us experienced this simply as a volunteer event to log our hours and go home. Our hearts were so full, we couldn't wait to do more." – Rebecca Corona, Elder Day volunteer and prior Chase Brexton patient

Scan here to watch a recap of National Honor Our LGBT Elders Day 2023!



Sam McClure, Executive Director, The Center for LGBTQ Health Equity (CBHC) delivering her presentation

June 1 – Stop 4: Talbot County

With Guest Speaker, Sam McClure, Executive Director, The Center for LGBTQ Health Equity (CBHC), LGBTQ+ Equity Training

"During the presentation, Sam McClure mentioned how impactful it can be for folks to see Pride flags in public. It was something I hadn't thought about much before and took for granted. I was inspired to fly a Pride flag outside my home. I've learned how important it is for us to keep the progress going – we could always have more Pride flags!" – Sophie Ziegler, Marketing Coordinator, Jamie Merida Interiors



POWER Project Staff at the Reisterstown Festival parade

September 9-10 – Stop 5: Baltimore County

In partnership with The Reisterstown Festival

"I really enjoyed participating in the parade. We gave candy to young children and raised awareness for Chase Brexton in Baltimore County. These events showcase our services and help patients connect to whatever care they need." – Dana Kobrin, Social Work Case Manager II, Chase Brexton Health Care

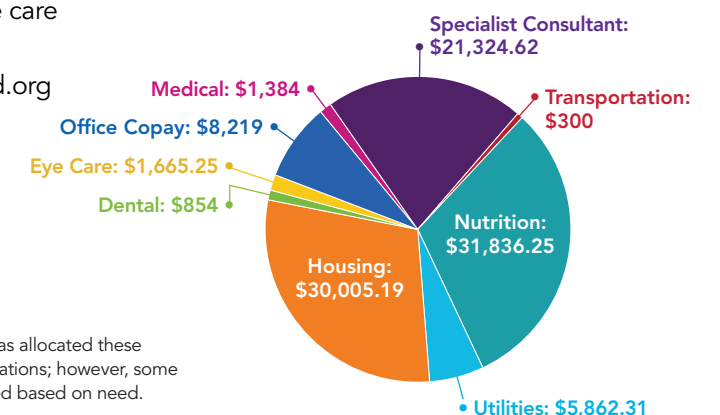
How and Where Your Donation was Used

For fiscal year 2023, your gifts to our Hope Lives Here program have helped more than 977 of Chase Brexton's most vulnerable patients get the care and wraparound services they need to take control of their health. Thank you for making a difference. Go to [HopeLivesHereMaryland.org](https://www.hotelivesheremaryland.org) to learn more about the program or to renew your support today.

	FY2023	CY2022
Columbia	\$3,664.35	\$3,405.00
Easton	\$1,000.00	\$0
Glen Burnie	\$6,100.00	\$6,741.00
Mt. Vernon	\$88,886.27	\$60,814.23
Randallstown	\$1,800.00	\$3,800.00
Total	\$101,450.62	\$74,760.23

Hope Lives Here has allocated these funds across all locations; however, some funds were not used based on need.

Hope Lives Here Report



Hope Lives Here utilization amounts are for FY2023 (7/1/2022-6/30/2023) and CY2022 (1/1/2022-6/30/2022) Does not include uncompensated care

Donor Spotlight:

Community Connections:
Bountiful Home and Found Studio Shop

One fun way to get involved with giving is through our third-party fundraisers! This summer, two retail businesses in the community- **Bountiful Home by Jamie Merida (Easton, MD)** and **Kacey Stafford's Found Studio Shop (Baltimore, MD)** donated a portion of sales during select dates to benefit Chase Brexton. Below, Jamie and Kacey share why giving to Chase Brexton is impactful for them.



Jamie Merida (Bountiful Home)

Jamie says, "My connection with Chase Brexton began when I was a volunteer in the very beginning, when Chase Brexton was the only place to go during the HIV/AIDS crisis. We are lucky that Easton is largely an accepting and loving community for all people, and Chase Brexton is an important pillar for keeping this good momentum going- because some communities are learning the hard way that things can turn at any moment."

During Easton Pride Weekend 2023, Jamie's retail store, Bountiful Home, donated a portion of proceeds (\$988.52) to CBHC. Jamie comments, "We are so glad we got to support this fun weekend with a little in-store promotion of our own, and share awareness of Chase Brexton with our customers and fans on social media. We are happy with the success of our first year doing this, and are excited to build on this for next year's Pride Weekend."

Interested in learning more about Bountiful Home? Check out @bountifulhomemd on Instagram.



Kacey Stafford (Found Studio Shop)

After going to school for Art Education, Kacey spent several years teaching in Virginia before moving to Maryland. Kacey worked for Living Classrooms and Family Health Centers of Baltimore (another FQHC). In 2019, Kacey fulfilled her dream of opening a retail location with Found Studio Shop. Though the COVID-19 pandemic was a difficult environment to start a new business, Kacey found it was just what the community needed.

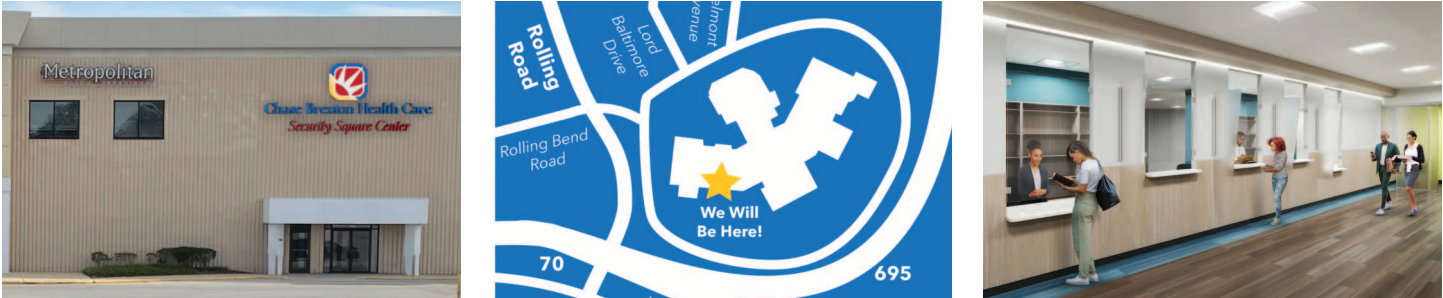
Kacey loves to support organizations doing good work, especially for marginalized groups such as the LGBTQ+ community. She says, "I have seen the benefits of Chase Brexton with people that I know and was excited to hear about the Mobile Medical Van Program, bringing healthcare right where people are." To benefit this program, Found Studio Shop ran a Summer Spectacular, raising \$335.23!

What's next for Found Studio Shop? Follow them @foundstudioshop on Instagram to stay up-to-date with the construction of a new and larger retail location!

THANK YOU BOUNTIFUL HOME AND FOUND STUDIO SHOP!
Want to learn more about third-party giving from your group, club, or business? Contact Lauren McGee at lmcgee@chasebrexton.org!

A New Home for Hope: Security Square Center

For nearly 25 years, Chase Brexton Health Care (CBHC) has provided affordable, affirming, and accessible services in the Randallstown/Woodlawn area of West Baltimore County. CBHC is the only historically LGBTQ+ FQHC in Maryland, and the Baltimore County location is just one of three Federally Qualified Health Centers (FQHC) in Baltimore County. The center has profoundly impacted thousands and we are ready to do more to meet our community's needs.













WE'RE MOVING!

Six miles from our current space in Randallstown lies Security Square Mall, a mixed-use building with the space and access we need to grow. In this new location, every Chase Brexton patient will be given a suite of care from medical to dental, behavioral health to pharmacy, diabetes programs to hypertension management.

With more than double the square footage, 14 added providers, and room for growth, this new center opening in early 2024 is transformative. During the time of the 15-year lease, we anticipate an annual net income of around \$17 million, which will enable us to continue growing our services and job opportunities for our communities.

To learn more about naming opportunities or to give for this project, contact Director of Development, [Alexa Milanytch](mailto:Alexa.Milanytch@chasebrexton.org) at 410-837-2050 x 1144.

Chase Brexton Health Care Security Square Center 6901 Security Boulevard Windsor Mill, MD 21207		CURRENT	NEW	IMPACT PROVIDER INCREASE	IMPACT ADDITIONAL ACCESS	ENVISIONED IMPACT TOTALS
	Square Footage	13,846 SF	32,840 SF	14 Added Providers	29,914 Visits/Year	49,516 Visits/Year
	Medical Exam Rooms	19 & Shared Waiting Room	32 + Waiting Room	7 Added Providers	15,120 Visits/Year	
	Dental Operatories	3 & Shared Waiting Room	7 + Waiting Room	1 Added Provider	1,064 Visits/Year	
	Behavioral Health & Social Work Offices	12 & Waiting Room	31+ Group Room + Waiting Room	6 Added Providers	6,390 Visits/Year	
	Pharmacy - Square Feet	726 SF & Shared Waiting Room	1,800 SF + Waiting Room		38,000 New Prescriptions	82,003 Prescriptions
	Lab	Not dedicated - 2 draw stations	Dedicated: 5 draw stations + Waiting Room	FISCAL GROWTH CREATED BY THIS MOVE The additional clinic visits and new prescriptions are projected to generate an additional annual net income of approximately \$1.25 million per year. During the time of the 15-year lease, we anticipate an annual net income of approximately \$17 million. As a non-profit, this income will continue to be paid forward, enabling us to continue to grow our services and job opportunities for our communities.		
	Parking Spaces	132	1,100			
	Bus Routes	2	3			
	Lease	Expiring	15-Year			
	Room for Growth	No	Yes			

Congratulations to our 1st Annual Chase Brexton Health Care Provider of the Year... Dr. Sarah Connor!



Pictured: Dr. Sarah Connor (left) and Chief Medical Officer, Dr. Sebastian Ruhs

Dr. Sarah Connor, a Chase Brexton family physician in Columbia, has been bringing dedication and quality care to her patients for more than 12 years. As the Program Champion of Chase Brexton's Diabetes Management Program, Dr. Connor has helped the program by leaps and bounds, contributing to its success, impact, and expansion.

Choosing *Provider of the Year* was a peer-led process. Nominators commented, "Dr. Connor goes above and beyond for her patients! Dr. Connor is patient, understanding, and she takes the time to make sure she listens. Dr. Connor is also an amazing person overall" and, "She has led multiple efforts to assist our patients in managing their diabetes and blood pressure. She has spearheaded the diabetes program."

Dr. Connor says, "I am honored to have received this award of provider of the year. I have been working at Chase Brexton as a family medicine physician since 2011 and have grown to love the hard work we do here. I didn't earn this award alone, the support of my family, colleagues, and patients have allowed ME to develop into the doctor I am today. I am dedicated to the mission of Chase Brexton and am honored to serve this diverse community. I have had the opportunity to take on leadership positions and am the lead physician of the very successful Diabetes Management Program. It has been a rewarding career path working at Chase Brexton and if 10 years ago during my initial interview I was asked where do you see yourself in 2023, my answer would be this!"



Need to Reach Us?

Call us at 410-837-2050 to make an appointment at the location most convenient for you or to get in touch about after-hours care.

Chase Brexton Board of Directors

Our Board provides guidance on all aspects of Chase Brexton's growth. We are extremely grateful to our Board of Directors for their commitment to Chase Brexton:

Juan Negrin, President
Russ Montgomery, Vice President
Sanjeev Dev, Treasurer
Kaye Gooch, Secretary

Lois Anderson
F.T. Burden
Dr. Damian D. Crawford
Neijma Celestine-Donnor
Joseph Ferlise
Oscar Franklin
Dr. Rahul Gor
Julia Krieger
Natasha Mehu
Jessica Obayan
Alaysia Phillips

LOCATIONS

ANNE ARUNDEL COUNTY

Glen Burnie Center
200 Hospital Drive
Glen Burnie, MD 21061

TALBOT COUNTY

Easton Center
500 Cadmus Lane
Suite 203
Easton, MD 21601

BALTIMORE COUNTY

Randallstown Center*
3510 Brenbrook Drive
Randallstown, MD 21133

BALTIMORE CITY

Mt. Vernon Center
1111 North Charles Street
Baltimore, MD 21201

HOWARD COUNTY

Columbia Center
5500 Knoll North Drive
Suites 370 & 400
Columbia, MD 21045

**Our Baltimore County location will be moving to Security Square in early 2024.*

Chase Brexton Health Care is also the provider of primary care services at Sheppard Pratt's Way Station.



OUR MISSION IS TO PROVIDE COMPASSIONATE AND INTEGRATED HIGH QUALITY HEALTH CARE THAT HONORS DIVERSITY, ADDRESSES HEALTH INEQUITIES, AND ADVANCES WELLNESS IN THE COMMUNITIES WE SERVE.