



## More Information About Prior Authorization for Gender Affirming Medications

### BEYOND ASKING CHASE BREXTON FOR ASSISTANCE, IS THERE ANYONE AT MY INSURANCE COMPANY I CAN TALK WITH?

Some insurance companies have LGBTQ liaisons.

#### **AETNA**

Available to members of some commercial plans (not Medicaid members). Transgender and Gender Diverse Personal Navigators offer non-clinical, single point of contact to discuss benefits, find providers, claim interpretation, and resources.

Contact Member Services by calling the phone number on the back of your ID card.

#### **CAREFIRST**

For questions about gender-related care, email their Gender Services Specialist:  
[gender.services@carefirst.com](mailto:gender.services@carefirst.com)

Visit their gender affirming care webpage:  
[member.carefirst.com/members/health-wellness/health-resources/gender-services.page](http://member.carefirst.com/members/health-wellness/health-resources/gender-services.page)

#### **CIGNA HEALTHCARE**

My Personal Champion program, which includes the Gender Affirming Care line, is available to some members based on coverage and possibly for individuals with complex concerns.

Call: 888-760-2824

Visit: [newsroom.cigna.com/approach-to-gender-affirming-care](http://newsroom.cigna.com/approach-to-gender-affirming-care)

#### **UNITED HEALTHCARE ADVOCATES**

Call the phone number on your ID card and request to speak with an Advocate for LGBTQ+ members.

Visit: [uhc.com/member-resources/health-care-programs/lgbtq](http://uhc.com/member-resources/health-care-programs/lgbtq)

#### **WellPoint**

For individuals with Maryland Medicaid coverage, email an LGBTQ Member Advocate:  
[lgbtqmemberadvocate@wellpoint.com](mailto:lgbtqmemberadvocate@wellpoint.com)

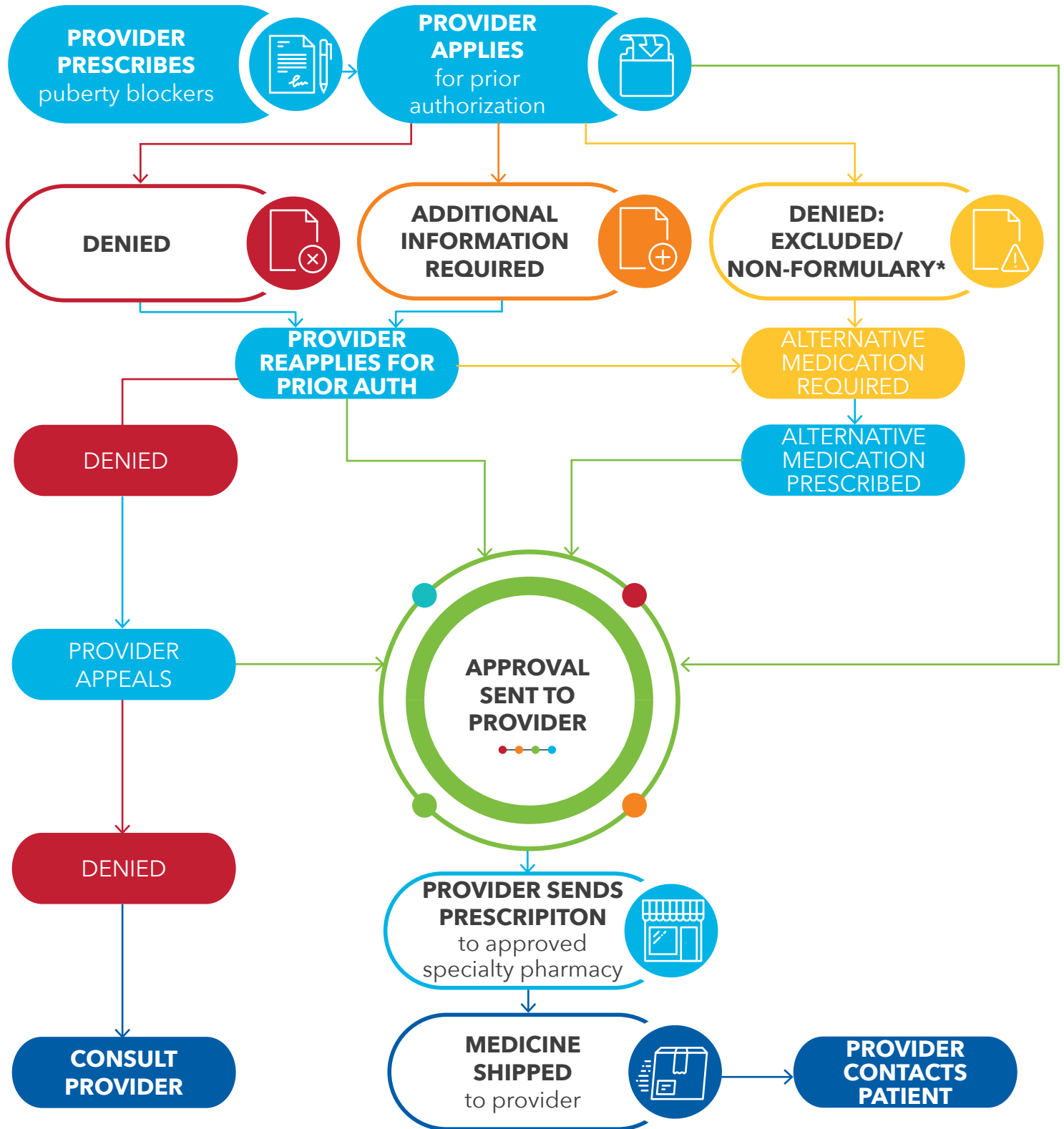
Visit: [providernews.wellpoint.com/md/articles/wellpoint-md-lgbtq-member-quick-resource-guide-14216](http://providernews.wellpoint.com/md/articles/wellpoint-md-lgbtq-member-quick-resource-guide-14216)

## PREFERRED MEDICATIONS BY INSURANCE PROVIDER

INSURANCE COMPANY	PREFERRED MEDICATION (All need prior authorization)
<b>CareFirst</b>	<ul style="list-style-type: none"> <li>• Fensolvi®</li> <li>• Lupron®</li> <li>• Suprelin LA®</li> </ul>
<b>Aetna</b>	<ul style="list-style-type: none"> <li>• Fensolvi®</li> <li>• Lupron®</li> <li>• Suprelin LA®</li> </ul>
<b>Cigna</b>	<ul style="list-style-type: none"> <li>• Lupron®</li> <li>• Triptodur®</li> </ul>
<b>United Healthcare</b>	<ul style="list-style-type: none"> <li>• Lupron Depot®</li> <li>• Lupron Depot-Ped®</li> </ul>
<b>Express Scripts</b>	<ul style="list-style-type: none"> <li>• Lupron®</li> </ul>

## PREFERRED SPECIALTY PHARMACY BY INSURANCE PROVIDER

INSURANCE COMPANY	SPECIALTY PHARMACY
CareFirst Rx Benefit	CVS Specialty or Apovia Specialty
Quantum Health Medical	Optum Specialty
CareMark Medical	CVS Specialty
Cigna Rx Benefit	Accredo Specialty
UHC Rx Benefit	Accredo Specialty
WellPoint Rx Benefit	Carelon Specialty
Aetna Rx Benefit	CVS Specialty



\*Non-formulary (also called off-formulary) means a medication is not on an insurance company's approved list.