Know Where to Go When You Need Help

Not sure where to go when you're sick or have a health concern? This quick guide will help you find the right care at the right time!

AN EMERGENCY & YOU NEED HELP ASAP



EMERGENCY DEPARTMENT (ED)

FOR SERIOUS OR LIFE-THREATENING ISSUES LIKE:

- Chest pain or trouble breathing
- Severe stomach pain or continued vomiting
- Coughing/vomiting blood
- Broken bones or dislocated joints
- Deep cuts, major burns, or heavy bleeding
- Signs of a stroke or seizure
- Severe allergic reactions
- Head or eye injuries
- Loss of consciousness
- Suicidal thoughts or self-harm
- Drug overdose or poisoning
- Injuries from domestic violence or sexual assault
- Urgent & emergency care needs for babies

NOT AN EMERGENCY BUT YOU NEED HELP TODAY



URGENT CARE OR SAME DAY CARE

FOR NON-LIFE THREATENING URGENT PROBLEMS LIKE:

- ** Sprains or strains
 - ★★Minor burns or rashes
- ★★Minor cuts that may need stitches
- ★★Mild allergic reactions or asthma symptoms
- ★★Painful or frequent urination
- ★★Abscesses, blisters, or minor skin infections
- ★★Nausea, vomiting, or dehydration
- ★★Chest & sinus congestion, coughing, & flu/cold symptoms
 - ★★Fever & body aches
 - Insect or animal bites
- Minor fractures & injuries that need to be seen with an X-ray
- Minor car accident or workers' comp injuries

ROUTINE HEALTHCARE & SICK CARE



PRIMARY CARE PROVIDER (PCP)

FOR EVERYDAY HEALTH NEEDS & ILLNESSES LIKE

- Annual wellness exams
- Routine checkups, immunizations, & screenings
- Follow-up visits
- 🧣 General medical questions
- Medication concerns & refills
- Managing chronic conditions like asthma, diabetes, or hypertension
- Fever, nausea, vomiting, coughs, rashes, & more



These urgent care issues can be taken care of at Chase Brexton!

Call for a same day appointment: 410-837-2050 Or learn more at chasebrexton.org/where2go



Medical Front Desks & phone extensions:

chasebrexton.org/phone



Need urgent advice after business hours?

Call Center Support: On-Call Provider: 410-837-2050



Walk-in for birth control, pregnancy testing, STI testing, PrEP/PEP

Sexual Health Services:
chasebrexton.org/SHC



Questions about medications?

Pharmacy Services: Chasebrexton.org/RX